The Canadian Nurse

VOL. IV. TORONTO, DECEMBER, 1908. No. 12.

Editorial.

THE CANADIAN NATIONAL NURSES' ASSOCIATION.

We hope that a good delegation to represent the National Association will go to the International Congress in England in 1909. The expense of a trip to England is not as great as formerly, and, of course, all delegates will bear their own expenses. Plans made early and carefully render the journey easy, happy and profitable.

REGISTRATION IN ENGLAND.

It is considered that the Nurses' Bill has been greatly improved by the time and attention devoted to the subject in the House of Lords. Co-operative training, providing for work in infectious and other special hospitals, is to be recognized. We await further developments with increased interest.

THE FAIR OF ALL NATIONS.

The Fair is over and the Toronto Graduate Nurses' Club is happy in the possession of about $4,000, part of which, probably from $1,000 to $1,500, will go to pay expenses. Everything about the Fair was attractive, from the first programme sold to the auction with which, at a late hour on Saturday night, the great Fair closed.

The patrons were: His Excellency the Governor General, Earl Grey; Countess Grey; His Honor the Lieutenant-Governor, J. M. Gibson; Mrs. Gibson; Sir Mortimer Clark, Lady Clark, Sir J. P. Whitney, Lady Whitney; His Worship the Mayor, Joseph Oliver; Mrs. Oliver.

The programmes were dainty and beautiful, the cover design of rose, shamrock and thistle, being greatly admired. Mrs. T. Eaton sent a cheque for $500, and the names of a few other donors are as follows: Lady Pellatt, Mr. Hammond, Mrs. Cawthra Mulock, Mrs. A. Gooderham, Mrs. J. F. W. Ross, Dr. Skinner Gordon, W. A. Murray & Co., P. W. Ellis & Co., Mrs. Broughall, Archbishop McEvay, Mrs. J. C. Eaton, etc. Beside these, there were donations from many friends, from merchants, and from nurses at a distance, including the Channel Islands, England, Mexico, Jamaica, British Columbia, Illinois, different Ontario towns, and a beautiful Santa Claus box from the Alumnæ Association of Hamilton City Hospital. Best of all is the feeling that everyone enjoyed the Fair and nothing but kindly memories will be the result.

Correspondence

My Dear Canadian Nurse,—It is half after eleven, as they say in this country, and I have just come in from a reception at Garfield Hospital, but I cannot go to bed until I have unburdened myself of some of the ecstasy that has been pent up in me all day. So be prepared.

Had I only been able to spend one day in Washington, and that one this day, it would have been worth while to make the journey for it alone. To begin with, it was the day for the nurses' meetings at the Congress. The first paper was to be read at 9.30, but 8.30 found your sagacious sister firmly fixed to the centre chair in the very front row in Section V., and from that chair no persuasion could make her move. I wish you could have been there. I wish every woman I know could have been there, whether they were nurses or not—so inspiring, so helpful, was it all. I have gained a new respect for myself, not because of what I am, but because of what I see my sisters in the work to be. Splendid women they are, so capable and so public-spirited. You have no idea how ashamed it makes me to see them—ashamed of myself, I mean. Heretofore I have been a mere plodder, trying to do my money's worth of work and the least little bit more, but now, oh, wait till I get home and you will see the difference!

At the meeting to-day, Miss Stark, of Pittsburg, read a paper on the anti-tuberculosis work in Pittsburg schools. This was very interesting. Now, wouldn't it be possible for you, when you are teaching, to do a little work along that line, very quietly and unobtrusively, perhaps, for you cannot be aggressive and radical until your School Board gives you permission, but still you might do a little. In any case, if ever there is an anti-tuberculosis crusade in the public schools, I look to you to be found in the front of battle. I am bringing you home some literature that will help you. And do make a stand for the supervised playgrounds and school farms. I have met such a nice woman, Mrs. Henry Parsons, the director of the Children's School Farm League in New York, and it has been simply an inspiration to hear her tell of her work. She has a model of one of her gardens in the exhibition, and she is like a happy child with a toy as she hovers over the cleverly constructed piece of work, explaining and pointing out its beauties.

But to return to my nurses' meeting. It was such a comfort to see by some of the papers that the nurses doing my kind of work had just my difficulties to contend with; indeed, some of them had more. But it didn't appear to dishearten them or cast them down, but rather spurred them to fresh effort. Do you remember Dr. Eakins saying once that "optimistic discontent is the soul of all effort." I thought of that when listening to Miss Lent, of Balti-

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more. By the way, can a learned person like you tell me if that is original with Dr. Eakins or not?

In the afternoon I went to the Tuberculosis Dispensary on H Street. I was the only visitor, and was so kindly received by the nurse and the doctor, and I am invited to go out with the nurse on her rounds to-morrow. I have done a little investigating of Washington's poorer quarters on my own account, but it will be much better to go with someone who knows.

And now for the reception. It was raining, and when I got out of the car to go up to the hospital Mrs. Von Wagner, of Yonkers, insisted on my sharing her umbrella, so that I could use both my hands to hold up my light dress. And if you don't know who Mrs. Von Wagner is, you ought to. When we went in, Miss Nevins, the Superintendent of Nurses, gave us the sweetest welcome, and when I said I came from Canada she exclaimed, "Oh, Canada! To me that means Muskoka and Clevelands, the loveliest place to spend the summer." Everybody says the sweetest things about Canada and the Canadians, and I only wish we deserved them. There was an orchestra playing the most heavenly music in an almost heavenly way. The first thing we heard was a collection of songs, such as "How Can I Leave Thee?" "Even of Thee," "Life's Dream Is O'er," and that Leonora thing from "Il Trovatore." Imagine your happy sister standing at the door of a balcony, looking down on Washington all wet and shining in the rain, listening to that lovely music and to Mrs. Von Wagner's pretty broken English as she talked beside her. And she was not the only great one I met, for there was Miss Dock and Mrs. Hampton Robb, and many others. Oh, it was lovely, lovely, and I'll never forget it!

Don't ask me about styles, for I have something better to do than to observe them. I am not even shopping, and that's wonderful for me, for in London you couldn't keep me out of the shops. But I can shop in Eaton's when I get home, and in the meantime I'll employ every moment in taking in the beauties of this city and the wonders of the Congress.

I am so glad I came. I must thank Miss Snively for her part in it, for if it had not been for her I am sure I should never had it in me to do it myself. But she knew better than I what was good for me.

If I don't go to bed now I shan't be able to see out of my eyes to-morrow. YOUR LOVING SISTER.

Dolly Madison House, 1401 Massachusetts Ave., N.N., Washington, D.C., October 1st, 1908.

IF you are an invalid, do your best to get well; but, if you must remain an invalid, still strive for the unselfishness and serenity which are the best possessions of health. There are no sublimer victories than those that are won on sickbeds.—*Phillips Brooks.*

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Officers for 1908-9: Hon. President, Miss Morton; President, Miss G. Morrison; First Vice-President, Miss P. J. Cottrill; Second Vice-President, Miss Ella Baker; Secretary, Miss J. E. Carr; Assistant-Secretary, Miss E. M. Dawson; Treasurer, Miss M. M Redmond.

Sick Visiting Committee: Miss Moore, Miss Robinson, Miss G. Morton, Miss Klinck.

The meetings are held on the last Thursday of the month at 3 p.m. in the Board Room of the Hospital.

TORONTO GENERAL HOSPITAL ALUMNÆ ASSOCIATION.

Officers, 1907-8: Hon. President, Miss Snively; President, Miss A. Muir, 505 Sherbourne St.; 1st Vice-President, Miss H. Fralick, 12 Selby St.; 2nd Vice-President, Miss M. Tweedie, 53 Langley Ave.; Treasurer, Miss Halbhaus, 12 Selby St.; Recording Secretary, Miss Mary Roberts, Grange Ave.; Corresponding Secretary, Miss Samson, 12 Selby St.; Directors: Miss Hall, Miss Burnett, Miss Crosby, 12 Selby St.

Conveners of Standing Committees: Sick Visiting, Miss Alice Stewart, General Hospital; Registration, Miss Lucy Bowerman, Sherbourne St.; Programme, Miss Ida Beam, Selby St.; Social, Miss Younger; Look-out, Miss Baldwin; Press and Publication, Miss M. E. Christie, 19 Classic Ave.; Representative of the Central Registry Board, Miss B. Crosby and Miss Purdy; THE CANADIAN NURSE Representative, Miss Frieze.

THE ALUMNÆ ASSOCIATION OF THE HOSPITAL FOR SICK CHILDREN TRAINING SCHOOL FOR NURSES, TORONTO.

Hon. President, Miss Brent; President, Miss Barnard, 608 Church Street; 1st Vice-President, Miss Clark, Victorian Order; 2nd Vice-President, Miss Adams, Hospital for Sick Children; Treasurer, Miss Wilson, 33 Brunswick Avenue; Secretary, Miss Robertson, 182 Walmer Road; Corresponding Secretary, Miss Goodall, 668 Euclid Avenue; Directors, Miss Halley, 24 Elgin Avenue; Miss Jamieson, 107 Macpherson Avenue; Miss Elrington, 8 Bloor Street East.

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POSTINGS AND TRANSFERS.

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Staff Nurses.—Miss M. H. Congleton, to Mil. Hp., Dover, from Alexandra Hp., Cosham; Miss M. J. Jones, to Alexandra Hp., Cosham, on appointment; Miss M. E. Brewer, to the Queen Alexandra Mil. Hp., Millbank, London, from Camb. Hp., Aldershot; Miss M. E. Jacob, to Camb. Hp., Aldershot, from the Queen Alexandra Mil. Hp., Millbank, London; Misses M. Barton and E. C. Ellis, to Mil. Hp., Cairo, on arrival in Egypt; Miss E. B. Levay, to Mil. Hp., Shorncliffe, on appointment; Miss L. A. Ephgrave, to Mil. Hp., Cork, from Mil. Hp., Shorncliffe; Miss L. E. Schnieder, to Mil. Hp., Devonport, on appointment; Miss M. D. Woodhouse, to S.S. "Plassy," for duty, from Royal Herb. Hp., Woolwich; Miss E. C. E. Lindsay, to Royal Infy., Dublin, on appointment; Miss M. E. Medforth, to Camb. Hp., Aldershot, from Royal Infy., Dublin.

C. H. KEER,
Matron-in-Chief, Q.A.I.M.N.S.

MILITARY ORDERS, 1908.

No. 260—FRIDAY, 13TH NOVEMBER.—1. A course of instruction will be held at Halifax in 1909, commencing on a date to be notified later, and lasting one month, for Nursing Sisters of the A. M. C.

All Nursing Sisters must qualify within a year, or be retired.

COURSE.

1. Lectures by Medical Officers on administration of a Military Hospital.
2. Lectures by Nursing Matron Pope, R. R. C., on the following:
   (*a*) Method of admitting patients to Hospital and taking charge of kits, etc.
   (*b*) Responsibility for bedding and ward equipment.
   (*c*) Preparation of Diet and Extra Sheet Summary.

KEPHYR

"Soured milk, because of the lactic acid in it, can impede the putrefaction of meat."—Metchnikoff.

"As lactic fermentation serves so well to arrest putrefaction in general, why should it not be used for the same purpose within the digestive tube?"—Metchnikoff.

"The action of Kephyr in preventing intestinal putrefaction depends on the lactic acid bacilli which it contains."—Metchnikoff.

"Metchnikoff believes that the inherited structure of the human large intestine and the customary diet of civilized man are specially favorable to the multiplication of a large number of microbes that cause putrefaction. The avoidance of alcohol and the rigid exclusion from diet of foods that favor putrefaction, such as rich meats, and of raw or badly cooked substances containing microbes, do much to remedy the evils. But the special introduction of the microbes which cause lactic fermentation has the effect of inhibiting putrefaction. By such measures Metchnikoff believes that life will be greatly prolonged and that the chief evils of senility will be avoided."—P. Chalmers Mitchell.

Kephyr is sterilized cow's milk that has undergone special fermentation through the introduction of a mushroom, called Kephyr-seed, or Dispora Caucasia, and a yeast, Saccharomyces Cerevisiae. One of these ferments affects the lactose, and produces lactic and carbonic acids and a small amount of alcohol; the other acts on the albuminoid substances, on the casein in particular, which latter undergoes partial precipitation and digestion, producing both peptones and propeptones.

Physicians are prescribing Kephyr with great benefit in cases of Anemia, Chlorosis, Tuberculosis, Kidney and Liver diseases, and affections of the Stomach and Intestines. Professor Hoppe, M.D., of Basel, Switzerland, says: "Kephyr is Milk and Wine at the same time." It is specially beneficial in building up the strength after acute illness, such as Typhoid Fever, Inflammation of the Lungs, and all infectious diseases, and after grave operations.

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"Regarding Mrs. Pumer's Kephyr, I am acquainted with the article, and consider it the best that I have been able to obtain."—Dr. W. P. Caven.

"I have used Mrs. Pumer's Kephyr in my practice with very good results. It is of fine quality, and the best thing of its kind I have seen."—Dr. A. H. Garratt.

"I have no hesitancy in stating that Kephyr is a valuable preparation. In evidence, I have recommended it twice to-day, once to a Physician."—Dr. John B. Hall.

"It is certainly a most excellent food (Kephyr) and it differs very largely from Koumis, being a different ferment. I know Mrs. Pumer, and she is thoroughly reliable in this regard."—Dr. Edmund E. King.

"Mrs. Pumer makes an excellent preparation of Kephyr. I am able to say so, having made trial of it in my own family, and those patients to whom I recommended it were highly pleased with the article."—Dr. W. J. Wagner.

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A written and oral examination will be held at the end of the course. (H.Q. 313—19—4.)

F. L. LESSARD, Colonel,
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Hospital and Training School Department

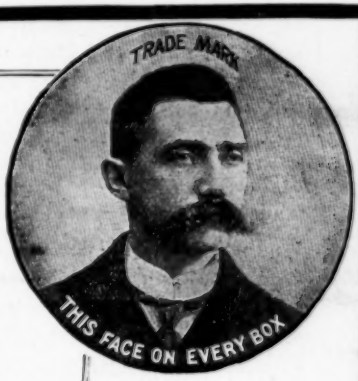
THE Battleford General Hospital, of which Mr. H. C. Adams is President and Mr. W. R. Ridington Secretary-Treasurer, has been taken over temporarily as a private institution by Miss Minnie Miscon.

MISS MARY CAMPBELL MCQUEEN, a graduate of New York City Hospital, and also Superintendent of the General Hospital, Geneva, New York, has been appointed Assistant Superintendent of Nurses at Toronto General Hospital. Miss McQueen's home is in Manilla, Ontario.

MISS ANDREWS, the Victorian Order nurse, is again at work in the Fernie district. The Board of Governors decided to pay the expenses of a district nurse for Fernie for six months, so on October 1st the nurse started out with her little black bag to make her rounds in that city of tents and shacks. It is safe to predict that many a heart will be cheered and relieved by the nurse during these hard months while the city is being rebuilt.

FOUR nurses graduated recently at the Brainerd Hospital of the Northern Pacific Railroad Benevolent Association, and the occasion of the graduation exercises was quite an important one for the town. Dr. Walter Courtney presided, and a large attendance testified to the interest felt in the proceedings. The names of the graduates are: Mable Sara Cole, Katherine Pearl Morgan, Chloe May Stark, Clara Alma Watson. Miss Whitaker's excellent report was one of the chief features of interest, and the Rev. J. R. Allen and others took part in the programme.

AN interesting and enjoyable meeting of the Alumnæ Association of the Galt Hospital was held Saturday afternoon, November 7th, at the hospital. After a very pleasant hour spent over afternoon tea served by Miss Robinson, Superintendent, the meeting was called to order by Mrs. Wardlaw, who has so capably presided over the society since its organization. Considerable business was



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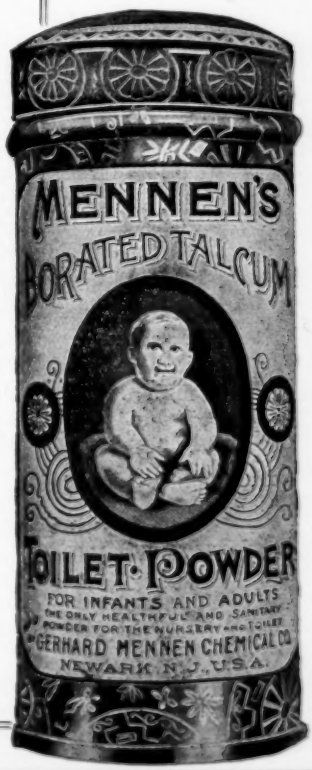
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transacted, after which Miss Robinson, our representative to the meeting called to consider the formation of a Canadian National Nurses' Association, gave an interesting report of the convention of Canadian Superintendents, held at Ottawa. The Treasurer was instructed to send the necessary fee for the affiliation of our society with the C. N. A. of Trained Nurses. Miss Nourse, Head Nurse of the Galt Hospital, graduate of Kingston General Hospital, was made an honorary member of the Association, and three active members were received.

THE Alumnæ Association of the Guelph General Hospital held its monthly meeting at the home of Miss Walker on Tuesday, November 3rd.

ARCHBISHOP McEVAY, assisted by Vicar-General McCann, Father Hand, Father Rohleder, Father Morrow and Father Reade presided at the graduation exercises of St. Michael's Hospital, on October 22nd, at which ten nurses, who had successfully passed through the course, became graduates of the hospital. After the opening prayer, each nurse had her name called, and tripped up to the dais to get her diploma and medal, with a word of congratulation from His Grace. This was the first time that medals have been given with the diplomas, and the innovation gave great pleasure. The fortunate young ladies were: Miss B. O'Connor, West Toronto; Miss Edith Gough, Toronto; Miss Amelia Cahill, Peterboro; Miss Maud O'Boyle, Brechin; Miss Mary Boyle, Cobourg; Miss Louise Stephens, Toronto; Miss Catherine Ryan, Campbell's Cross; Miss Margaret Radigan, Galt; Miss Martha Young, Peterboro, and Miss Annie Dolan, Toronto. Speeches were made by Drs. Bruce Smith, Sheard, McKeown, Uren, Cameron, Silverthorne, Scott, Anderson, Dwyer, Hutchison, McCollum, McMahon, Killoran, Allen, Arthur Jukes Johnson, W. B. Aikins, Oldright, Nevitt, Burnham, McCullough, Guinane and O'Brien.

THE second annual graduating exercises in connection with St. Joseph's Hospital, Port Arthur, were held on Wednesday, October 21st, in the C. M. B. A. Hall, which was very artistically decorated for the event. At 4 o'clock the hall was filled with invited guests, while on the platform were the Chairman, Mayor Carrick; the guest of the occasion, His Lordship Bishop Scollard, of North Bay; Dr. Beck, Dr. Laurie, Rev. Fathers Grenier, Case, LaFortune and Rev. Mr. Hedley. In front of the stage the three graduates and the head nurse took their places, and behind them the nurses in training and the Sisters of the community. The three graduates are: Miss Alice Morreau, Fort William; Miss Nora O'Shaughnessy, Peterboro; Miss Minnie Maloney, Port Arthur. Addresses were given by His Lordship Bishop Scollard, by the Mayor, by Drs. Beck and Laurie, also by Mr. Hedley. All were profuse in their congratulations to the three clever young graduates, who took such high marks on all their examinations, and much

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credit was given their teacher, Miss Regan. The speakers also congratulated the Mother Superior and Sisters on the efficiency of the work being done in the institution. The presentation of diplomas and medals by His Lordship, assisted by Dr. Beck, was the most interesting part of the programme, and was followed by a very pleasing scene, when five sweet flower girls presented beautiful bouquets of yellow and white chrysanthemums and other beautiful flowers to the three graduates and their head nurse, as well as to His Lordship the Bishop. A very sweet solo by Mrs. A. J. McComber was much enjoyed, as well as a few other musical numbers, and this very successful graduation closed, giving to the world's list of nurses three bright young graduates.

A RECEPTION was tendered to Miss Mary A. MacKenzie, Chief Lady Superintendent of the V. O. N., during her recent visit to St. John, N.B. It was held in the Sunday school rooms of Stone Church, and proved most enjoyable. His Worship Mayor Bullock took the chair and called the meeting to order. Among those present who made addresses were Dr. Walker, Rev. R. A. Armstrong, Dr. Murray McLaren, Rev. Mr. Kuhring, Senator John V. Ellis, Judge Forbes and Judge Ritchie. Miss MacKenzie gave an inspiring address, describing the work of the nurses in the district hospitals. Her remarks were attentively listened to. Musical selections were given, and at the close refreshments were served. A large number of citizens were present and much interest was shown in the proceedings.

ALL the Toronto hospitals and many outside hospitals were united to succeed in the Fair of All Nations. The opening by Sir Mortimer and Lady Clark on November 12th was a beautiful sight, and ever after that the great Massey Hall was thronged every night before the opening hour to see the "March Past." The booths were: English Tea Room—The ladies representing the Royal Grenadiers, 48th Highlanders, Queen's Own Rifles. Scotland—Hospital of Incurables. Ireland—St. Michael's Hospital. France—Western Hospital. Japan—Mrs. J. M. Cotton, Mrs. Fletcher-Snyder, Mrs. J. B. Miller, Mrs. Lalonde, Mrs. Fenton. Egypt—Mrs. Payne. Germany—Mrs. Jacobs, Mrs. Frankel, Mrs. Burns. Greece—Mrs. Weston, Mrs. Copp. Holland—Miss Shuttleworth. Denmark—Miss Bremner. Norway—General Hospital. Italy—Mrs. McGlashan, Mrs. Greer. Switzerland—Mrs. Pringle. Wales—Mrs. Renfrew, Mrs. Eastmure, Mrs. Symons, Mrs. Jeffrey. Under Two Flags—Central Registry. Young Canada—Sick Children's Hospital. New Ontario—Grace Hospital. China—Miss Whale. Sick Room Supplies—Riverdale Hospital. Museum—Mrs. Neville, Mrs. Ferrier. Autographs—Mrs. McPhedran, Mrs. Starr, Dr. MacMurchy. Women's York—Women's Art Association. Telegraph and Telephone—Mrs. Mallock, Mrs. Chambers. Rebecca at the Well—Miss Field, Miss James. Parcel Office—Miss Stewart.

Minor Medicine

By W. E. WYNTER, M.D.

Physician to Middlesex Hospital, London, Eng.

This new book on the treatment and prevention of the many minor disorders which come under the nurse's notice will be received with much satisfaction. Besides all the minor ailments, such as Heart-burn, Sprains, Cracked Lips, Bilious Attacks, etc., etc., there is a section on general health and diet.

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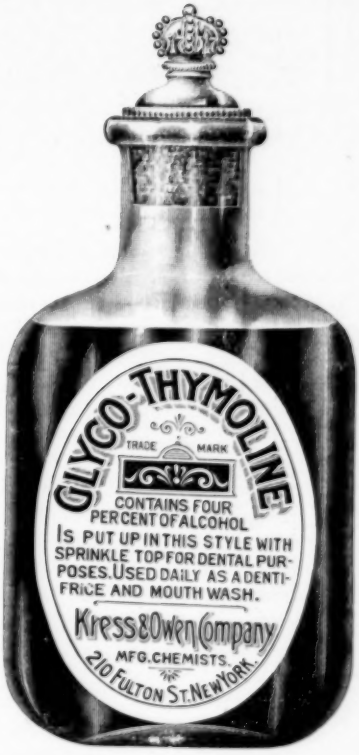
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Odds and Ends—Mrs. Pepler. Tag Day—Mrs. Winnett. Mother Goose—Mrs. R. B. Hamilton, Mrs. Currie. And it would be impossible to say which booth was the most interesting, dainty or beautiful, or which contained the most useful and attractive articles. All were thronged, while down stairs the Midway, the fortune teller and all the other delights were greatly patronized. The tea room on the stage was, perhaps, most attractive of all, and the nurses and their business manager, Mr. Rogers, have good reason to be proud of the result.

KINCARDINE has a hospital. Mrs. Gualco, one of the residents of Kincardine, invited the Mayor, Mr. Andrew Malcolm, and the Town Council of Kincardine and the Reeve, Mr. John Evans, with the Council of the Township, to meet at her residence on Thursday, November 5th, and presented them with a valuable property, situated just outside the town, on an elevation overlooking Lake Huron, and consisting of a site of two and one-half acres, with valuable buildings. Mrs. Gualco at the same time endowed the hospital with $25,000, and said when engaged in making her will recently she had determined to give the hospital during her lifetime rather than wait till her death, so losing many opportunities to relieve sickness and suffering. The Mayor was scarcely able to express the surprise and gratitude of himself and the citizens at this magnificent gift. Dr. Bruce Smith, Inspector of Public Hospitals and Charities, who was also present, said that the Government would give a grant of $4,000 to counties establishing buildings for the treatment of tuberculosis. In addition to this an allowance was provided for each patient in a general hospital. In the tuberculosis wards this allowance was $1.50 per week, and it was likely that this would be increased to $3 before long. "On the suggestion of Mr. Hanna, I came to Kincardine to-day," he said, "and inspected the property. It is an ideal situation. Just outside the town, on an elevation overlooking Lake Huron, it affords a view unequalled in the Province. To the brick house now on the property, which is two and a half acres in extent, a wing can be built to the north. A laundry and kitchen can be constructed on the other side, and the roof at the rear can be raised. On the higher ground at the back of the lot the cottage for the treatment of tuberculosis can be built. When completed the institution will accommodate in all forty patients. There will be fourteen rooms and two large wards. Unfortunately, throughout the Province there are few who are blessed with the generosity of Mrs. Gualco. Local hospitals are a necessity, and I only hope when other towns hear of this endowment some citizens will do likewise. I would advise you by all means to take advantage of the Government's offer and build a tuberculosis annex. If you do this the County of Bruce will receive $4,000 from the Province as a building grant. I would advise that the ladies be interested in the project." Reeve Evans, on behalf of the township, then thanked Mrs. Gualco for her

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beneficence, and promised that they would do their share in supporting the hospital. Mr. John Tolmie, M.P., spoke of the need of a hospital and the good work that could be done. Lieut.-Col. Hugh Clark, M.P.P., enlarged on the terrible ravages of tuberculosis in Ontario. He showed that the hospital would be a boon to the town and vicinity, the district being isolated from Walkerton and Wingham, where there are county hospitals, by the roundabout route of the railways and the poor service. Other speakers were Messrs. Barker, one of the oldest residents; J. J. Hunter, editor of *The Kincardine Reporter;* Wm. Temple, J. C. Cook and the Rev. Mr. Ferguson, Methodist minister. Mrs. Gualco was born in Poland. She and her husband moved to South America, where he became wealthy as a constructor of railroads. At his death Mrs. Gualco came to Canada and purchased a fine residence, and here she spends the summer, usally going abroad during the winter months. In her quiet way Mrs. Gualco has done much for this town. The English Church and rectory have been renovated by her, and she has done much to place the church on a firm financial basis. Some two years ago she purchased a large tract of land north of the town and turned it into golf links. She built a neat little club house, then opened the grounds and buildings to the public. Last winter in Bruce County there was an alarming prevalence of illness, particularly typhoid. When Mrs. Gualco heard of this, after her return from Europe, she several times expressed her sympathy. This year her sympathy has taken a practical form, which will bring the blessings of many on her head. There is no selfishness in Mrs. Gualco's philanthropy. Her sympathetic nature and love for all human kind have inspired all her gifts.

A Hallowe'en Party.—On the evening of October 31st the Alumnæ Association of the Montreal General Hospital Training School for Nurses entertained the members of the graduating classes, fall '08, spring '09. The guests and attending members of the Alumnæ Association, fifty in number, assembled at 8 p.m. in the Nurse' Home, and at 8.30 p.m. sat down to supper in the Governors' Hall of the Hospital. The tables were decorated in keeping with the night. There were large "Jack o' Lanterns," made of real pumpkins; smaller ones, looking scarcely less real; pumpkin-colored lamp-shades, sweets, ices, etc. The flowers were yellow chrysanthemums and lilies of the valley; the name cards, tied with a knot of pumpkin-color, were decorated with sprays of yellow flowers or with quaint little figures with pumpkin heads; the traditional black cats, bats and witches were not forgotten. The only disappointment, and that a very great one, was that, owing to a severe cold, Miss Livingston, Lady Superintendent of the Hospital and Honorary President of the Alumnæ Association, was unable to be present. In her absence Miss Shaw read from her the following address: "*Graduates of the Montreal General Hospital,*—I can hardly tell you what pleasure it gives me to welcome you here

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to-night, and I beg to express to the Alumnæ Association of the M. G. H. my appreciation of the good-will and fellowship extended to the graduates of 1908 and 1909. Just here I wish to pay a brief but sincere tribute to the pioneer nurses of the School for their loyalty to their *Alma Mater* and myself. Without their faithful co-operation your School would not stand where it does to-day. In the early history of the School the bare necessaries were considered sufficient for the nurses; their surroundings were crude and very unlovely; but we all hoped and prayed for better things, and many here to-night saw order, neatness and cleanliness replace disorder and worse, and an intelligent and beneficent system evolve from a chaos of ignorance. To the graduates of 1908 I would say a few words. For you the day of independent activities is at hand; yesterday you were pupil-nurses—to-day, no doubt, you speak of yourselves as of the profession. Remember, labels are perilous things and exact of us who accept them very serious conditions. What is a profession? The dictionaries define it—as a "vocation" —a "calling"—requiring a learned education. I trust that for all of you the calling is by voices which commit you to a creed of conduct such as that to which the best of our profession aims; it exacts not only purity, but honor and self-discipline. You will, no doubt, ask how we can attain to such perfection? In the answer to this question I trust some among you may find the key that shall unlock the gate opening unto that fair field of the future of which we all dream, and which, I trust, you may all reach." Miss Isabel Nichol, of the fall class '08, responded on behalf of the graduating classes, and Miss Wainwright, class 1900, then spoke for the Alumnæ Association. The fall class '08 presented beautiful bunches of American Beauty Roses to Miss Livingston and Miss Shaw. After supper the party adjourned to the Nurses' Home, where the remainder of the evening was spent in popping corn, playing games and dancing, what was unanimously declared to be a delightful party being brought to a close by the singing of "Auld Lang Syne" and "God Save the King."

Personal.

Miss Finn, graduate of St. Vincent's Hospital, New York, is doing private nursing in Port Arthur.

Miss Rilance, of Two Harbors, Minn., graduate of the Galt Hospital, is renewing old acquaintances in Galt.

The R. M. G. Hospital, Port Arthur, will very shortly be ready to receive patients. It has accommodation for thirty patients.

Miss Alice Pepper has been appointed Head Nurse in the Operating Theatre of the General Protestant Hospital, Ottawa.

Miss Holroyd, of Winnipeg, has lately arrived in Vancouver, where she intends to make her home and take up private nursing.

Miss Mildred Perrault, graduate of St. Joseph's Hospital, Port Arthur, class '07, was married October 29th to Mr. Ernest Perras, of Port Arthur.

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The Practical Nursing of Infants and Children, by F. C. Madden, M.D., F.R.C.S., $1.00.

First Lines in Midwifery: A guide to attendance on natural labor for medical students and midwives. New and revised edition, by G. E. Herman, M.D., F.R.C.P., F.R.C.S., $2.25.

The Care and Management of Delicate Children, by Dr. Percy Lewis, $1.00.

A Handbook for Midwives and Maternity Nurses by Comyns Berkeley, $1.50.

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Miss Regan, Superintendent of Training School at St. Joseph's Hospital, Port Arthur, spent her annual vacation in Toronto, London and Strathroy.

The School Nurses of New York presented their former Superintendent, Miss L. L. Rogers, with a beautiful solid silver tea set "as a token of affection" on the occasion of her resignation.

Miss Grierson, of Class '03, V. H. L., London, and Miss Macmaster, Class '01, L. S. I., Ottawa, are in Spokane, where they intend to make their headquarters and take up private nursing.

Miss Bertha Atkinson was a very welcome visitor to the Capital during the Canadian Superintendents' convention. Miss Atkinson came as a delegate from the Edmonton Graduate Nurses' Association.

Miss Bertha J. Willoughby, Seeley's Bay, Ontario, Canada, a graduate of the Kingston General Hospital, Kingston, Canada, who has recently been appointed as head nurse of the same hospital, has gone to Philadelphia to take the fall courses of instruction in the Swedish system of Massage and Medical Gymnastics, Electricity and Hydrotherapy, at the Pennsylvania Orthopædic Institute and School of Mechano-Therapy (Inc.), 1711 Green Street.

Miss Lina L. Rogers, formerly Superintendent of School Nurses for New York City, has been appointed to a similar position by the Board of Education at Pueblo, Colorado. Miss Rogers is to organize and initiate the work at Pueblo, and is to have *carte blanche* under the Board of Education. This will be a most interesting experiment, as it is still a matter of doubt whether medical inspection of schools is more successful under the Board of Health or the Board of Education.

BIRTHS.

On October 12th, 1908, at Welland, a son to Mr. and Mrs. W. D. Ross. Mrs. Ross is a graduate of G. G. H., class 1902.

MARRIAGES.

Sinkins—Hanna.—At the Methodist Parsonage, Sydenham, Ont., September 30th, 1908, by Rev. Wm. Hanna, father of the bride, F. R. Sinkins, Toronto, to Mabel Hanna, graduate of the Lady Stanley Institute, Ottawa, class 1906. At home after the New Year at 60 Rusholme Road, Toronto.

DEATHS.

Dolan.—Suddenly, at the General Protestant Hospital, Ottawa, October 27th, 1908, Jean Dolan, graduate of the Lady Stanley Institute, class 1907. Miss Dolan had occupied the position of Head Nurse in the Operating Theatre of the General Protestant Hospital for the past eight months, and will be greatly missed, not only by the nursing staff, but also by the members of the medical staff who have had the pleasure of working with her both as a pupil and as a graduate nurse.

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The Nurse's Library.

Mr. John Ross Robertson has issued a catalogue of the Nurses' Medical Library in the H. F. S. C., Toronto. It is a model catalogue of a model library.

We have pleasure in again calling the attention of our readers to an excellent book on obstetrics, *Obstetrics for Nurses*, new (3rd) edition, by Prof. Joseph B. DeLee, M.D., Chicago. 1908. Cloth, $2.50 net. Philadelphia and London: W. B. Saunders Company. Toronto: J. A. Carveth and Co., Limited.

A collection of Dr. Osler's charming biographical essays has been published by the Oxford University Press, Toronto, under the name of an "An Alabama Student and Other Essays." It is dedicated to Professor Welch of the J. H. H. No nurse needs any further inducement to get the book than the name of Dr. Osler. The essays are thirteen in number and every one is a gem.

Functional Nerve Diseases. A. I. Schofield, M.D. London: Methuen & Co.

This is one of the volumes of "The New Library of Medicine," edited by Dr. Saleebeg, and is well worthy of a place in such a library. The nursing of nervous diseases is such a great and constant field for professional work that this book is timely and well conceived. Dr. Schofield's views are well-known, and, though not always generally acceptable, they make us think, and that is one great advantage about any book. Three of the most useful chapters are those on Pychotherapy, Nerves in Childhood and General Treatment.

Volume Fourth of Osler's Modern Medicine (Toronto: D. T. McAnish) is divided into two parts: Diseases of the Circulatory System and Diseases of the Blood. Dr. McPhedran, of Toronto, contributes an article on "Diseases of the Pericardium," of which we can only say that it is worthy of the reputation of the author, who is justly regarded as the greatest physician in Canada. Dr. Abbott, of Montreal, contributes a brilliant original paper on "Congenital Cardiac Disease," and Dr. Osler himself one on "Diseases of the Arteries and Aneurism."

All readers of this magazine who have not received a copy of "Women in Banking," written by Mrs. E. B. B. Reesor, and published in the *New York Bankers' Magazine*, will be given one upon application to the Northern Crown Bank of Canada, 34 King Street West, Toronto. The article is illustrated with pictures of the special rooms set apart for women, and, as the privileges of using them and making this down-town Rest Room a meeting place for out-of-town friends or for consultations with their physicians has always been extended to members of the nursing profession, it will be of interest to you to see what these apartments are like.

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Publishers' Department.

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It might be of interest to our readers to hear that Mr. Max J. Walter, Superintendent of the Pennsylvania Orthopaedic Institute and School of Mechano-Therapy (Inc.), 1711 Green Street, Philadelphia, has recently returned from an extended trip through some of the leading medical centres of Europe for the purpose of investigating the latest methods used abroad in the mechanical treatment of diseases, and under the guidance of the medical directors in charge of the same has tried to make himself familiar with whatever he found of interest to incorporate in the mechanical measures used in the Philadelphia institution.